

Survivors & Allies

April 6, 2019

Cost:
Free

9:30am-1:30pm (9:00am registration; lunch provided)
First United Methodist Church, Madison

Join sexual assault survivors and allies for a series of educational and self-care workshops designed to aid the healing journey

Sessions being offered:

- Enneagrams for healing and relationships
- Bystander intervention
- Cultivando Balance: Charla y Actividad (en Español)
- EFT (or tapping) for trauma and self-care
- Healing after trauma
- Space for women of color to continue their healing process
- Reiki and massage sessions

[Register at wcasa.org](http://wcasa.org)
Scholarships available

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You are also invited to...

8th Annual

Wrap Around the Capitol

Wisconsin Capitol Rotunda (1st level), Madison
2:00pm

Rally with us in solidarity with sexual assault survivors during this #MeToo era

Questions? Contact Nestic Morris at:
nesticm@wcasa.org or (608) 284-5490.

